

# Real Changes

What's new in helping you look as young as you feel from Dr. Earl H. Parrish and the professional staff of the Parrish Cosmetic & Plastic Surgery Center.

*Enhancing your beauty...  
from within!* Spring 2011

## SPRING TIME MEDI-SPA SPECIALS

Spring forward and turn back the hands of time with these Medi-Spa specials:

### 20% OFF YOUR FIRST TREATMENT OF ANY OF OUR NON-ABLATIVE LASER PROCEDURES

**BBL Treatments** - Perfect for skin conditions associated with aging, active lifestyles, and sun damage. Your skin will be smoother, more vibrant and will have a more youthful appearance.

**Hair Removal** - A quick, simple and effective way to remove unsightly and unwanted hair.

**Skin Tightening** - For face and body! A treatment that increases skin firmness by renewing the collagen foundation of skin.

**20% OFF** your first treatment now through April 30. Laser packages not included.

**\$100 OFF BOTOX®** If you've been considering trying Botox,® now is the perfect time. The frown lines between your eyes can be treated using 20 units for \$175, normally \$284! This is a great opportunity to see what Botox® can do for you! For first time users only, while supply lasts

### SAVE \$240 WHEN USING 3 SYRINGES OF JUVEDERM

From smile lines to vertical lip lines, you can smooth away unwanted wrinkles and restore natural contours.

JUVÉDERM® is a smooth gel filler that can instantly smooth away wrinkles around your mouth and nose.

With just one treatment, you'll get smooth and natural-looking results that last up to a year. Buy 2 syringes of Juvederm and receive 1/2 off the 3rd syringe, while supply lasts.



## NEW SEASON, FRESH START

*When Spring is in full bloom it reminds us that this is the season for renewal. What better time to revitalize and refresh your face and body. Let's leave the winter behind and get "glowing" for the months ahead.*

**HERE'S TO  
WARMER WEATHER,  
HERE'S TO SPRING,  
HERE'S TO YOU!**

**PARRISH  
& PLASTIC**



**COSMETIC  
SURGERY**

C E N

T E R

541-779-7275

1-800-458-0684

[www.dr-parrish.com](http://www.dr-parrish.com)

701 Golf View Drive, Medford, OR 97504



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**Dr. Earl H. Parrish**  
Parrish Cosmetic & Plastic Surgery Center  
Medford, Oregon

**“changing someone’s appearance changes their life”**

**Dr. Earl H. Parrish**  
American Board of Plastic Surgery

## About Liposuction

Also known as suction-assisted lipectomy or lipoplasty, Liposuction is a cosmetic surgical procedure in which fat is suctioned out of the body from specific areas of localized fat deposits. Even with the most strenuous exercise programs and restricted diets, parts of the body can be reluctant to change.

With liposuction you can contour and redefine those areas. Liposuction is not a “weight loss” surgery, it is a “contouring” procedure as its goal is to reshape the areas of the body that are out of proportion.



Before and 7 weeks after liposuction to hips and flanks performed by Dr. Parrish.

At the Parrish Cosmetic and Plastic Surgery Center, Dr. Parrish utilizes the ultrasonic assisted liposuction (UAL) technique. This technique involves the use of ultrasonic energy emitted from a special instrument causing the fat to liquefy prior to its removal with suctioning. UAL offers many advantages including the possibility to achieve more precise body contouring, the removal of larger volumes of fat and some skin tightening. It can be effective on the abdomen, hips, thighs, knees, ankles and upper arms. Its time to shed those extra layers and show some skin again!

Consultations are complimentary—*come see if Liposuction is right for you!*

## Our Latest Patient Testimonials

*Our Patients Say it Best:*

"For 20 years I have been upset with my stomach. I never got my figure back after having my two children. The Staff made me feel so comfortable from the moment I got there. I felt I had high expectations for my results. I was so afraid I would be disappointed.

Today, 9 months later, I couldn't be happier. My results are even better than I had hoped for. I feel so much more confident. My clothes fit better. Along with the tummy tuck I had a breast lift and implants. For the first time in my life I feel like I look in proportion. After having the surgeries I feel so much younger.

My only regret is I didn't do this sooner. So many people have told me how much happier and confident I look. I wouldn't hesitate to recommend Dr. Parrish!"

-Patient of Dr. Parrish

"I looked so natural that no one knew I had anything done, but they studied the face and you could actually see them saying Hmmmmmm! It is wonderful, never felt better. I am proud that we have such service here in Medford. What a great office and very friendly and professional." -Patient of Debra, our dermal filler specialist



## IN THE NEWS

Dr. Parrish is featured in the current issue of **New Beauty Magazine**. Stop by the office and pick up a complimentary copy!

Dr. Parrish will be on **Southern Oregon Live** on KCMX Newstalk Radio Friday, April 22 at 7am. Southern Oregon Live is an informative, innovative and inspiring radio program featuring people, places and ideas that convey the culture of our region. With a progressive format and friendly hosts, Southern Oregon Live establishes a platform for interactive communication with the goal to connect the community and strengthen the economy. *Listen in!*

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## 2011 Guatemala Trip

Dr. Parrish and Rosemary Parrish, RN will be part of the Faith In Practice Surgical Team traveling to Antigua, Guatemala in early May. This will be the 3rd year that Dr. Parrish has been a part of the 45-50 member team.

The surgical team provides care in General Surgery, Gynecologic Surgery, Dental care and of course, Plastic Surgery. The majority of the patients Dr. Parrish and his surgical assistant Rosemary will operate on will be for cleft lip and cleft palate. However, there are other problems of birth defects and burn scars that will also be treated.

As the only Plastic Surgeon he will be very busy. Dr. Parrish and Rosemary wrote a wonderful recap of their 2010 trip and it was included in our Spring 2010 Newsletter. Click [HERE](#) to view the article.

If you are interested in supporting Faith in Practice Missions please contact our office for information. Watch for a recap of their trip in our Summer 2011 Newsletter.

## Treat Mom for Mother's Day

Let Mom know how much you love her by giving the gift of beauty this year! A rejuvenating facial will leave her feeling refreshed and glowing and may be just what she needs!

**Parrish Signature Facial** - This is one of the most customized deep pore cleansings that you will ever experience. This includes warm towels, deep cleansing, steam, and two customized treatment masks.

**Express Facial** - The Express Facial is a mini-version of our signature facial. It is excellent for those with busy schedules. Allow 30 minutes.

**4 Layer Facial** - The Repechage Four Layer Facial is the premier anti-aging treatment. Experience layer upon layer of pure, fresh, European seaweed to rejuvenate, tone and firm the skin dramatically. All one hour facials include a relaxing neck and shoulder massage and extractions when needed.

We also offer **Glycolic peels, Microdermabrasion, Exfoliation treatments** and 2 new peels - the **Chocolate Power Skin Rescue Peel** and the **Pumpkin Pomegranante Peel**.

Gift certificates available for a specific treatment or a certain dollar amount. Not sure what she'd like, we can help you decide!

## Visit Us Online

Click on the link below to visit our website, where you'll find descriptions of all our services, meet our staff and check out our facilities:

<http://dr-parrish.com>

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