

What's new in helping you look as young as you feel from Dr. Earl H. Parrish and the professional staff of the Parrish Cosmetic & Plastic Surgery Center.

Enhancing your beauty... from within! Holiday2012

## Give yourself a gift for the Holidays!

The Holidays are soon upon us! As the busiest time of the year approaches, we will have less time for ourselves, which makes it the perfect time to treat you! Don't wait for the holiday invites or family gatherings, get ready to look your best now!

A holiday glow awaits you....

#### Holiday Medi-Spa Specials

We've put together a fantastic holiday skin care package so you can STUN this holiday season!

AND we are taking \$200 OFF the regular price! \*\*2 BBL treatments, 1 VI Peel and skin care products picked just for you - \$700 or \*\*1 BBL treatment, 1 VI Peel and skin care products picked just for you - \$475. BBL treatments are great for repairing what the summer has left behind. Age spots, hyperpigmentation, sun spots, and redness. Also helps with collagen rejuvenation for improved skin tone and wrinkle reduction. The VI Peel will offer further improvement for sun damage and aging skin and is the finishing touch after BBL treatments to give you that "Ta Dah" moment. The skin care products will be chosen for you, catered to your skin and will help you maintain results so your skin is beautiful and radiant long after the holidays!

#### What's New from Jane Iredale!

Smooth Affair is a moisturizing primer that goes on under any of the Jane Iredale foundations to help it to stay put all day. It glides over fine lines, wrinkles and pores filling in uneven textures, giving your skin a smooth appearance. It also gives your skin hydration and a beautiful glow.

Glow Time is Jane Iredale's new BB Cream, otherwise known as Beauty Balm. It's lightweight, offers full coverage, SPF 25, and gives an absolute flawless finish! You need less than a pea size amount and it will stay put all day. Say goodbye to under eye concealer, this one product will do the trick. It's a 4-in-1 product meaning it's a concealer, sunscreen, foundation and powder.

Right now when you purchase any Jane Iredale foundation, *Glow Time, Amazing Base or Pure Pressed Base* in combination with the *Smooth Affair* you receive 20% OFF the two. Come in today and we will match you!

#### PARRISH COSMETIC & PLASTIC C E N T E R



Debra, our dermal filler specialist, is having a drawing for lips this month! And It's not too late to enter!

Restylane and Restylane L are the only FDA approved fillers for lips. If you'd like to enter, email Debra at debrascorner1@gmail.com with your phone number and you will be entered in our drawing to enjoy 1cc of Restylane L for lip enhancement, including a block anesthetic for your comfort. Treatment will need to occur before December 1 for your holiday lips.

We will select a winner at random on November 15.

541-779-7275 1-800-458-0684



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#### Holiday **The** Open Houses

Tuesday, November 27 Join us for a day of Holiday fun from 10 am -2 pm. Starting with Champagne, Mimosas, Croissants and other great treats. Then take advantage of our ONE DAY ONLY Specials! You'll find great gifts for friends and family and you'll find something for yourself too! We'll have a schedule of rotating talks and demonstrations. Staff and company representatives will be available to answer your questions. Give aways and gift bags. You won't want to leave! RSVP by November 20th and we'll enter you in a special grand prize drawing!

#### HOLIDAY SHOPPING FOR GUYS ONLY! Wednesday, November 28, 5-7pm.

OK Guys, this is for you, an easy way to get your shopping done for your special someone. Come in and Save 20% on all skin care and makeup products. Certain skin care treatments will be discounted as well. Or pick up a gift Certificate we have a lot to choose from and we'll help you decide what she'd like! The gift of beauty is what she'll love! (Enjoy a little pizza and beer too.)

#### GRANTS PASS HOLIDAY FAIRE Wednesday, December 5, 6-8:30 pm.

This event will take place at the Board Room inside of the Guild Building located at 1867 Williams Highway. We'll offer special event pricing, fabulous giveaways, gift ideas and more! Pick up the perfect gift to give and the perfect gift to get! Dr. Parrish, our entire staff and company representatives will be available. We always love coming to Grants Pass. We get many compliments after our events and enjoy spending the evening with everyone! RSVP by November 25 and we'll enter you in a special grand prize drawing!

#### From the Desk of Dr. Earl H. Parrish

Recently we have begun to use a new line of breast implants for special cases.

The new company is called Sientra.

The implants are all made with silicone gel of a thicker consistency than available with other manufacturers.

They also are the only company in the USA with FDA approval of a shaped implant similar to the teardrop shaped implants available in the past. That shape was quite popular when it was available and I used it quite often. Since the implant moratorium that lasted 14 years and ended 4 years ago there have been no shaped implants like these available in the US.

These implants have a textured surface that is important to holding the implant in position. This gives us a new important tool to use in providing our patients with the latest available products and techniques.

We also have computer imaging available for patients considering breast implants to help them in their preoperative decision making process. The Crisalix System for imaging is a great adjunct when patients are undecided on shape or size of implant. It adds 20-30 minutes to the length of the consultation but is definitely worthwhile in such cases.





COSMETIC SURGERY

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# We Asked our Staff... What do you enjoy most about the Holidays?

Dr. Parrish I most enjoy the celebration of Christmas and the joy of the Christmas message. Spending time with family and friends is really a treasure at this time of year when we have more hours indoors. This gives us a chance to slow down a little and appreciate all the many blessings in our lives. We are also given many opportunities to help those who are less fortunate or who have fallen on hard times. Finally, I love to ski (downhill and cross country) and this is a chance to start the ski season.

**Stephanie** My favorite thing during the holidays is decorating! And of course I love seeing friends and family!

Tawnya Making holiday dinners and visiting family. I also like the bustle of retail and looking at decorations.

**Anne** Everything! The smells, the music, the smiles, the cheer, the shopping, the cooking, all of it!

Debra Fudge! Lots of fudge!

**Chelsey** I love being with family and loved ones, cooking with my mom and sisters and listening to holiday music.

**Susan** The air of excitement and anticipation, spending time with family and friends, putting smiles on the faces of those that I love!

**Diana** I love the time with family and friends. Thanksgiving brings great food and great company, and the scents and decorations of Christmas make me happy!

Ashley I love the warmth and kindness that the holidays bring out in everyone. The holidays are filled with happiness, it's the loveliest time of the year!!

Patty What I love most about the holiday season is seeing the joy and excitement on my children's faces as the season unfolds. All the decorations, lights and presents light up their face which lights up my heart.

### Our Latest Patient Testimonial

"Wow! If I had only known years ago what I know now.

At the age of 62, I went to Dr. Parrish to inquire about a breast reduction. I had waited so many years, and endured so much self-deprecation, loss of confidence, shame, and even "hibernation" from social activities due to my body shape. I am not sure what made me finally go in for a consultation, but when I did, it was comfortable, comforting, and encouraging.

I decided to have the procedure, and it was absolutely life-changing. It was almost as if a hidden personality emerged that enabled me to feel good about myself, and as a consequence, have a lot more fun. The process was problem-free! Healing occurred easily, and my forays into the clothing stores became a much-anticipated adventure that I enjoyed rather than dreaded.

I was so excited with the results and how much happier I felt,
I then explored a tummy tuck. Yes, many diets and regular
exercise of four-five times a week were a part of my regime, but
the tummy blob remained, no matter what I did.

So, back I went to Dr. Parrish. Again, another consult, good communication of what to expect, and really friendly care by the staff led me to have the procedure. What remarkable results! At my age now, 64, I feel womanly, sexy, happy, and better than when I was 40. I am meeting new people, and having more adventures. I was a successful career woman for years, but my personal image was so bad that there was no social life.

With the amazing changes in my body, due to Dr. Parrish as well as a continued regimen of exercise and healthy eating, I am enjoying some of the best times of my life. I even bought - and wore- a bathing suit this summer. It sure felt good!

My wish for all women who struggle with self-image body issues is to visit Dr. Parrish for a consultation. Hear from him what he can do for you. It will be one of the best things you can do for yourself."



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Click **Here** to visit our website, where you'll find descriptions of our services, meet our staff and check out our facilities.

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