

# Real Changes

What's new in helping you look as young as you feel from Dr. Earl H. Parrish and the professional staff of the Parrish Cosmetic & Plastic Surgery Center.

*Enhancing your beauty...  
from within!*

Fall 2011

## Product Pick for the Fall



**Clarisonic Skin Care Brushes** - these are a great tool to add to any skin care home regimen. Clarisonic is a hand held, rechargeable unique cleaning system. It takes just 60 seconds to use. The brush gently, yet thoroughly cleanses your skin six times better than cleaning with your hands alone.

Clarisonic minimizes the appearance of pores. It removes dirt, oil and makeup allowing creams and serums to work more effectively. It is great for all skin types. Clarisonic helps improve the appearance of skin tone, texture, and firmness in mature skin and is very effective for acne prone skin.

Clarisonic is waterproof for use in the shower and also great to travel with. Come pick one up today! (could be a perfect Christmas gift too!)

## Medi-Spa SPECIALS

### \$100 OFF Dysport®

The Botox® competitor has a great promotion for first-time users - \$175 to treat the lines between your eyebrows, normally \$275.

### \$180 OFF Sculptra®

Sculptra® is used to increase facial volume, gradually working to restore your tissue. Debra, our dermal filler specialist, believes this is the best anti-aging product available.

**1/2 OFF** any one treatment offered by our Esthetician: Facials, waxing, makeup! Through October 31.

## Fall is in the Air!

Pumpkins in the field, the cool crisp breeze, and Hazelnut Lattes - yes, Fall has arrived. For many of us it is the time to start getting ready for the busy holiday season. Making our "to do" lists, planning Thanksgiving dinner, shopping - definitely plenty to do, but don't forget about you! You are probably more than ready to refresh and rejuvenate yourself.

Whether you want to smooth out lines or just want your skin to look and feel healthier, we can help you achieve a look that's worth celebrating early. Fall is the perfect time for renewing ourselves - after all it is the Season of Change!



## WELCOME, CHELSEY & ASHLEY

We are proud to announce the addition of our new Esthetician, Chelsey and our new front office assistant, Ashley.

**CHELSEY** joins us with an extensive training in skin disorders, microdermabrasion, makeup artistry and waxing. She has been a licensed Esthetician for over 10 years. Chelsey will be offering a variety of new facials and peels including relaxation, anti-aging and anti-acne treatments.

**1/2 OFF SPECIAL:** We are welcoming Chelsey with 1/2 off any one treatment you have with her now through October 31.

**ASHLEY** joins us as our new front office assistant. Her experience includes 4 years of front office receptionist duties. Ashley says - "It is a real honor to be working in such an elite office and is a privilege to be part of such a wonderful staff." We are excited to have Ashley join our team. With her sweet demeanor, she is a joy to be around. We think you'll agree!

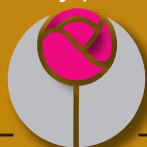


## Visit Us Online

Click on the link below to visit our website, where you'll find descriptions of all our services, meet our staff and check out our facilities:

<http://dr-parrish.com>

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& PLASTIC**



**COSMETIC  
SURGERY**

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701 Golf View Drive, Medford, OR 97504



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## Holiday Open Houses

We are excited about the upcoming Holiday Season and to celebrate we will be having our Holiday Open Houses! Join us for a night filled with fun & cheer! The evening will include wine, champagne and hors d'oeuvres, special event-only pricing, fabulous giveaways and more! These are events you can't miss! *Join us for the festivities:*

**Thursday, November 10**  
*in our Medford office*

**Thursday, December 1**  
*in Grants Pass*

Both events will be from 6:00pm - 8:30pm.  
RSVP is required. Call for more information  
and to reserve your spot!

We will be having a Toy Drive for the Children's Advocacy Center of Jackson County. Bring in your toy, gift certificate or donation when you attend our Open House and receive a special gift!

## About Eyelid Surgery

Also known as Blepharoplasty, Eyelid surgery improves the appearance of the upper eyelids, lower eyelids, or both. As we age we often notice a tired look, sometimes dark circles under the eyes or a heaviness of the upper eyelids. Eyelid surgery can correct these problems. By removing loose and sagging skin, a rejuvenated appearance is achieved, making you look more rested and alert.

Dr. Parrish has been performing eyelid procedures for over 25 years and has seen the positive effect it has on how we feel about ourselves. Remember our cosmetic consultations are always complimentary, a perfect way to see what Eyelid surgery can do for you. A brighter fresher look awaits you!



Patient of Dr. Parrish shown, before and after Upper and Lower Eyelid Surgery.



Pick up your complimentary copy of New Beauty Magazine today!

## Fall Tips from our Skin Care Specialists

**Chelsey, Esthetician:** The weather is changing which means your skin care should be too. Time to slough off the dull, dry dead skin. The micropeel is a very popular treatment combining microdermabrasion and a glycolic peel. This is a great way to gently exfoliate. It helps to remove signs of aging and promote new cell growth leaving you with beautiful skin that looks and feels healthier. Changes in the weather may also mean you need to adjust some of your skin care products. A great addition for added moisture is our Obagi Vitamin C serum. Vitamin C helps with hydration, UV protection, sun damage, stimulates collagen, increase elasticity and reduces inflammation. Get your skin ready for the holidays, looking your best for all the family photos!

**Debra, Botox and Dermal filler specialist:** The Holidays are approaching! Earlier treatment ensures you looking the way you want for the Holidays. Arrange your appointment time early so it works the best for your schedule! I look forward to seeing you!

**Patty, Laser specialist:** Noticing sun damage? With summer coming to an end it's likely that your skin has suffered a little bit of summer sun damage. Have you noticed an increase in pigment in your skin? Or broken capillaries? Our BBL-Broad Band Light facial laser treatments can help. BBL is ideal for improving skin conditions associated with aging, sun damage and hyperpigmentation. BBL also stimulates your skin cells to regenerate new collagen, helping to restore your skin to its natural beauty, blending its natural colors and making it smoother, vibrant and younger looking. Come in for a consultation; it's free, and what better way to find out what BBL can do for you!

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