

Real Changes

What's new in helping you look as young as you feel from Dr. Earl H. Parrish and the professional staff of the Parrish Cosmetic & Plastic Surgery Center.

*Enhancing your beauty...
from within!*

Summer 2013

Breast augmentation continues to be one of the most common cosmetic procedures performed today. Women choose it for many different reasons. Whether to enhance their body contour, correct a reduction in breast volume after pregnancy or to balance different breast sizes, breast augmentation can enhance a woman's self image and self confidence.

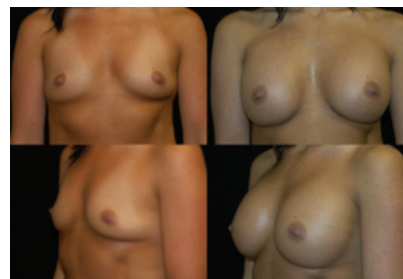
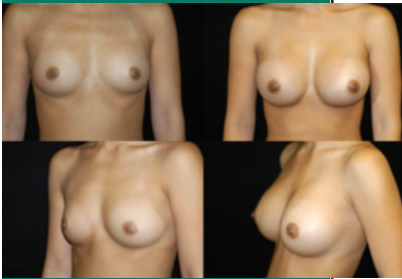
The shape you want, satisfaction that lasts.

Highly Cohesive anatomically shaped breast implants are now available!

You have been hearing about the "Gummy Bear" silicone breast implant for years. It has been available in much of the world for the last 10 years and now it is finally HERE! The actual name for the implant is the Style 410 Highly Cohesive silicone gel implant from Allergan.

These new implants are the most advanced generation of gel breast implants available today. The Natrelle® 410 anatomically shaped gel breast implants offer a natural shape and the lasting satisfaction that women have always wanted, along with unparalleled safety and stability. Finally, an alternative to round implants that's more true to the shape of a woman's breast.

Dr. Earl H. Parrish is proud to be a 410 gel certified surgeon and the only one in Southern Oregon offering this new cohesive gel implant.



Natrelle® 410
SHAPED GEL

Patients of Dr. Parrish -
before and after Breast Augmentation

**May is National
Skin Cancer
Awareness
Month!** See Special
Offer on page 2
Wear your Sunscreen!

**PARRISH
& PLASTIC**



**COSMETIC
SURGERY**

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Staff NEWS

HAPPY BIRTHDAY DIANA!

Diana is celebrating her 39th birthday this month! Here's to a fabulous year hoping all your wishes come true!

CONGRATULATIONS TO ASHLEY!

She welcomed a baby boy in April! Welcome to the world, Brody Michael.



From the desk of Dr. Parrish About Arm Lifts (Brachioplasty)

With Summer quickly approaching we notice more inquiries regarding Arm Lift procedures. Getting out our bathing suits and sleeveless shirts we notice our arms aren't as shapely as we'd like and many of us are embarrassed to show them. There are a couple of options when it comes to contouring the arms.

An arm lift, or brachioplasty, is a surgical procedure that reshapes the under portion of the upper arm, from the underarm region to the elbow. Fluctuations in weight, growing older and even heredity can cause your upper arms to have a drooping, sagging appearance. Exercise may strengthen and improve the underlying muscle tone of the upper arm, but it cannot address excess skin that has lost elasticity or underlying weakened tissues and localized fat deposits.

Incision length and pattern depend on the amount and location of excess skin to be removed, as well as the best judgment of your plastic surgeon. Incisions are generally placed on the inside of the arm, and may extend from the underarm (axilla) to just above the elbow. If fat is to be reduced during your arm lift, it can be excised or treated with liposuction.

CoolSculpting may be an option also. CoolSculpting is a cooling technique that freezes the fat causing the fat cells to gradually die and then they are naturally eliminated from your body. In the weeks and months following treatment, remaining fat cells condense, reducing the fat layer. Treatment takes about an hour per arm. There is no down time and no restrictions following CoolSculpting.

The results of both procedures will be long-lasting, provided that you maintain a stable weight and general fitness. As your body ages, it is natural to lose some firmness, but most of your improvement should be relatively permanent. If you'd like more toned and proportionate appearance in your arms then an arm contouring procedure may be for you. **Come in and we'll talk.**

20% OFF All Sunscreens

In honor of SKIN CANCER AWARENESS we are offering all of our sunscreens at **20% off**. We have many to choose from - Obagi, ViDerm, GlyMed - suitable for all skin types.

20% OFF Self Tanners *Get that sunkissed glow*

without sunbathing! JANE IREDALE TANTASIA is a moisturizing, natural bronzer and self tanner for face and body. Streak free formula with a fresh citrus fragrance. Tint today, tan tomorrow!

GLYMED'S TAN IN is a fast acting formula that glides on easily with botanical vitamins and conditioners that improve skin texture. Applies without streaking, with a light, pleasant aroma and subtle color that aids even coverage. **THE SAFE WAY TO A DEEP LUXURIOUS TAN ALL YEAR LONG!**

MEDISPA Specials

\$200 OFF Botox or Dysport

when you use 2 syringes of filler- Juvederm, Restylane or Perlane. While supplies last.

25% OFF Jane Iredale NEW Puregloss Lip Gloss

Available in 18 shades. Glossy but not sticky, creamy but not heavy, you'll love this puregloss and will want to try them all. Has a wonderful berry fresh flavor too!

1/2 OFF Lash & brow tinting with any Facial.

Make your summer makeup routine minimal. Highlight your eyes without pencils and mascara. No touch ups needed after a day of swimming!

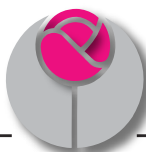
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